

# Comfort Service Society

( SMILE ALWAYS FOUNDATION )



**Annual Report  
2010-2011**



The Comfort Service Society (Smile always Foundation) work would not have been possible without the generous contribution of our donors and partners. We would also like to thank all the people in India as well as in other countries who contributed spontaneously and generously.

# HELLO !

The Almighty God created the earth beautifully with mountains, valleys, forest, rivers, birds, animals and with people living in all kinds of places. On our journey we meet people of different communities' cultures and attitudes. As we walk along with people in journey of life we see how they equip themselves with the things they need. Some are well flourished with nourishing food, plenty of safe drinking water in protected houses with good hygienic and congenial atmosphere. They can afford to go to the hospitals for the health care and schools for their children's educations.



But there are some people who also live along with us, do not have enough food, clean water and proper clothing and they live in slums in most unhygienic conditions.

The poverty of the parents never gives even a thought of educating their children because it is a day to day task to provide them even one time meal per a day.

Comfort Service Society has become a blessing to the parents for these communities by taking the burden of their destitute children into arms to shape them equal to the children of other standards.

The quality of generosity is not giving in abundance but giving help to the people who are less fortune than themselves.

We are performing our activities for the welfare of one and all. This time is very valuable, the present today and tomorrow.

The commitment with concern for these people and the opportunity given by CSS has filled the spirit of humanity in me with compassion on these communities to bring them up equal to develop with dignity and sustainability.

As a part of Community development in the areas of Rangareddy ,Nalgonda, Kurnool and Mahaboob Nagar Districts the programming has been started in the year 2008. Initially we approached the areas, where the need of development is in a high rate, with many people looking forward for a helping hand who could not meet even their basic needs.

Lalgadi Malakpet is the first chosen place with 50 children for the CSS activities to be implemented. This is in the west side of Rangareddy District in Andhra Pradesh. As a part of development program children were encouraged with all possible benefits to be sent to the school with the provision of all school equipment required like uniform, school books, school bags and other school kits. This first program went success and appreciations from the parents build good courage in us to extend the implementation in developing the community of that area. The same program among the children is also implemented in other areas. The result is very satisfying and opened many ways for the other development program. Education is the basic requirement for human development and right to education is a fundamental human right. Every person irrespective of their sex, caste, creed religion should be provided with opportunities to avail education to attain complete human development.

Increasing the quality of education helps the children of this generation to be continually prepared for the future. A strong foundation which is laid at this stage on which the child builds its future is depends on what effort we put on them.

Now the Comfort Service Society (CSS) name is changed from **“Comfort Service Society”** to **“Smile always Foundation”** in the context of extending and expanding its vision and work to the oppressed of all the sections of the society.

Our main focus is on education. Educating the child, and educating the family and community become a priority. Education is not just about reading and writing, but also about learning new skills, learning new ways of generating an income, and learning about health and nutrition. The children are identified from cluster groups and are provided with support for their educational needs the children are admitted into Village School and sometimes School nearby a Town to get education.

- We provide education for identified children.
- We develop community groups as basis for capacity building.
- We undertake basic literacy activity, health awareness and skills training to Parents of identified children and others in the community.
- We develop savings based credit system to establish Income Generating Activities.
- We provide relevant training for Field Staff for their development.

#### **Target Area**

- Rangareddy District
- Nalgonda District
- Kurnool District
- Mahaboob Nagar District

**CSS**  
**In a nutshell...**

- ★ *100 identified children in the communities provided with educational opportunities viz., Books, School supplies, Uniform, coaching classes for those who are poor in studies.*
- ★ *The Program activities are in 8 areas*
- ★ *Field staff to implement the activities.*
- ★ *Target area consists of about 15 villages.*
- ★ *Targeting poor and marginalized communities*
- ★ *Parents of the identified children and some others motivated to form into Groups*
- ★ *Building the capacity of the group members*
- ★ *Creating opportunities for groups to learn new skills*
- ★ *Health awareness*
- ★ *Inculcating habit of Savings*
- ★ *8 groups with 86 members*
- ★ *Encouraging savings based credit system*
- ★ *Enabling to establish Income Generating activities.*





Child School Support



Women Welfare  
 SHG Training



Social Awareness/  
 Clean Drinking



Youth Welfare-  
 Vocational Training



Health Camps



HIV/AIDS Awareness

## Child School Support / Orphan Children Support:

We provide school needs to 100 identified children in communities of our target areas.

- We provide extra coaching to 50 children with the help of 2 Tutors for better performance in their education.
- We offer training to 75 children who are in higher classes to gain knowledge about life skills and develop English language skills.
- We organize meetings/seminars for all children and their parents to impart knowledge importance of education and understand about sustainable development.
- We offer life skills training for the children and to develop themselves.
- English language skills provided for children in higher classes.
- Meetings and seminar with parents to have more understanding about education.
- Awareness Programs on importance of education.
- Assist School with teaching and learning materials.(Lab equipment )
- Important day's celebration in all the target communities.
- Training to teachers.
- Formation of Children saving Bank.



Sl. No.	Activity	Indicators	Achievements		Target
			# children completed	# times Completed	150 Children
1	Books	Children received Books	100	1	150
2	School Supplies	Children received School Supplies.	100	2	3
3	School Uniform	Children received Uniform	100	1	2
		Basic Needs	75	1	2
4	Exam Fee	Exam Fee paid for Children	-	-	1
5	Coaching for Children	Children	-	Every month	
		Teachers	2	More Teachers engaged in Feb. Mar. April	5
		No. of Classes	15	20 classes per month	20 classes per month
6	Visual Aids	Children benefited	50	1	2
7	School Kits	Children benefited	75	1	2
8	Seminar with Children and Parents / Guardian.	Children attended	100	3	5
		Parents Attended	150	-	300 parents

***After all these input given to the children with no time they responded very well up to our expectations.***

**Renu is one of the flowers that bloomed with sweet fragrance in the garden of CSS.**



### **Renu live in Lalgadi Malakpet**

My name is Renu, living 35 km from Secunderabad in India and my family members and relations also living here along with me.

In my home premises, previously there is no any plantation. I learnt about the importance of trees. I immediately began to plant the trees and develop. I am very happy to say that they are giving the fruits. And now, the vegetable and fruits are meeting our needs. I developed Kitchen garden, Plant trees are always helpful for our family health and hygiene.

I have learnt about "First Aid" at my school from my teacher. And I also learnt about health precautionary measures.

Me and my friends used to play perform funny activities at our house. And this will certainly enlighten our minds and soul and physical fitness to our bodies. Now we are quite healthy and happy.

My Grandmother used to tell me several morals and she teach about the "Worldly things" and I have learnt several things from her. It will certainly enlighten my mind and soul to bring into fruitful and successful carrier. Thanks to CSS staff one and all. I wish they keep their hands stretch open wide to help the poor and destitute children like me. Not only to the children but adults also need to have some basic literacy which helps them to a lot in the present society.



## **Women Welfare and SHG Group Capacity Building**

## Savings Based Credit & IGA's

Money has a very prominent role in the man's life in this society. Gradual increase of the values are always stable in the situation of any kind. Saving money for tomorrow is nothing but reducing strain and increasing the ability of meeting the needs of the day present. Like how rain drops expands as seas, small saving can also promise Flourishing life of tomorrow.

**Group Members Income increased by 10 % through Savings.** As the skills are developed for the group members, they are involved in group savings and income generation. This is one of the initial motivating factors in the formation of groups, particularly as benefits of savings are seen in the community. It is aimed that the groups will invest their savings in Income generating activities.



- Inculcate habit of Savings to 8 Savings Group with 86 members with a view to establish savings based credit system by Area Development Organizers and Development Assistants.
- We establish Income generating activities in the target Community with the support of Savings Based Credit system

## Savings Groups

Group members are regularly involved in monthly savings. It is anticipated that each group member depending on their wages will contribute Rs. 30/- for a month into the Group Savings Fund. It is aimed that the groups will invest their savings in income generating activities.

Group members will formulate resolutions as to the contribution of amounts and learns to maintain their own Cash Books, Ledger and Transactions and also Bank/Post Office Accounts. The group itself manages all funds and members together decide how to invest and share the profits. The people managed self-help savings and loans strategy will be presented so that groups will be able to commit themselves to loan-making and repayment procedures for successful savings based credit.

## Income Generating Activities

Loans will be provided from the group savings accounts to individual group members or collectively to carry out Income Generating Activities. The group will decide on the suitable activities as well as the interest to be paid.

Program Field Staff assist the groups in selecting and managing profitable income generating activities firstly using skills available in the groups and then introducing new skills where appropriate. The activities for income generation depend on local resources, both materials and skills.

- Conduct training to Farmers

- Conduct Awareness programs on Thrift and credit activities for saving groups.
- Participatory training for saving groups.
- Skill building training for saving groups.

We conduct Need based basic literacy classes for 36 group members by Community Facilitators to make them to learn basic literacy which needed for establishing their self reliance

We arranging skills training in different skills to all group members to equip with new skills by program staff at all levels to build the capacity of the group members.

We offered Vocational skills training in different skills to all group members to learn new skills by training Instructors to learn new skills to earn their Income

### SHG Group Development:

The Project envisages the development of the people by themselves. Groups training is arranged to develop skills in simple accounting, group management, leadership etc., It I also helps them to become aware of their own potential, their social well being, group solidarity and their felt needs in their home and the community.



### Social Awareness and Need Based Literacy and Clean Drinking Water



Literacy rate increased and 80% participants are neo-literates. CSS conducts classes for 2 Groups with 25 Members. Through this activity the group's members have received need based Literacy training and makes them aware of social stability. Community Facilitator is appointed for

conducting daily classes while Field Staff oversee the overall program. 15-20 classes are conducted in a month in the evening time for one or two hours as per their convenience after they return from their work.



The follow-up Courses are undertaken for the Group Members who completed Primer Level courses.

## Skill Training

**The Group Members are trained and learnt new skills.**

CSS will organize training for the members of 8 groups in

- ✚ Group Management and Leadership
- ✚ Simple accounting
- ✚ Kitchen gardening and training
- ✚ Environmental awareness and social forestry

The training is continued for existing 8 groups with 86 members.

## Access to safe Drinking Water

There are requests from the communities to provide drinking water bore wells where there is acute scarcity of drinking water. Therefore, it is proposed to adopt Community Participation for providing Safe Drinking Water in the target areas. This activity will be focused on creation of awareness amongst the people about safe drinking water and ensure their participation in the program. A part of the capital cost (5% to 10 %)



and full maintenance and management cost is to be borne by the community. In this new approach the Organization role is primarily that of a facilitator rather than a provider.

From the Groups, a Committee will be formed to involve in Community Mobilization, Campaigns, Implementation and Post Project Management and Maintenance. This committee is called "Committee on safe water and sanitation" (COSWAS)

## Youth Welfare - Vocational Training

Youth is a part in the life of man. You should be able to motivate the circumstances with the ability of your knowledge. This comes only due to the efforts you put in gaining knowledge Skill training will always help to develop self standards not live on depending on others but living of their own.



### CSS Provides vocational training such as

- ❖ Sewing & Embroidery
- ❖ Leaf Plate making
- ❖ Poultry rearing
  
- ✚ The members are free to choose their interested trainings.
- ✚ Assist unemployed youth/group members for skill training and provide necessary inputs (Technical and non technical)
- ✚ Conduct awareness programs in thrift and credit activities of Groups

## Health Camps, Primary Health Care and Awareness

We are also undertaking health interventions for Health promotion in the communities. The health of the individual family members and thereby communities are slowly improving day by day following intervention of our program. At present, there are more HIV infections every year. The trend in increasing infections poses a major threat to development in the communities. Therefore, CSS propose to undertake health promotion effectively integrating HIV prevention in the communities.

- ❖ Conduct Health awareness and health related interventions for 500 people in the groups in particular and in the community in general by Health Promoter
- ❖ Conduct HIV/AIDS awareness through related interventions for people in 12 communities with a view to prevent and reverse HIV infections by Health workers

### Primary Health Care & Awareness (PHCA)

**Health is wealth. If health lost every this is lost.** There is a saying like “if a man gains everything in this world and lost his health he is nothing gained”. So as the health takes a prominent role we need to give much priority in our day to day life. Good food and house of good hygienic conditions depends on our physical and mental growth.

Health standards improved for the Group Participants and frequency of illness reduced. CSS provides health education and health care of the group members. Health Promoters are appointed to undertake this Activity. The emphasis is on Women and Child health and the program is for all the group participants and their immediate families. The health education program consists of 15 lessons as determined by the area needs following the PRA surveys.

It is proposed that 100 % of the participants know how to administer ORT. It is aimed that 20 Safe Delivery Attendants (SDA) receive training in conducting safe deliveries.

- Awareness on ATM (AIDS, T.B & Malaria)
- Training on health and hygiene to TOT's
- Conduct awareness on ANC/PNC
- Awareness on Communicable Diseases
- Women health
- Prevention of Epidemics
- ORS, Diarrhea case management
- Organize programs to sensitize the community on Polio, Hepatitis B etc
- Providing demonstration classes for nutritional values among the community
- Identify the T.B patients
- Increased access to health Centers
- Awareness on TB
- Observation of World TB Day
- Organizing Immunization Camps.
- Awareness programs on diarrhea case management in all target communities.
- Organize birth registration camps.
- Organize awareness campaign to parents on legal identity on newborn.
- Organizing Awareness programs on breastfeeding among women in the age group of 8 and above.
- Resource mobilization from local Government for low cost toilets.

## HIV/AIDS Awareness

Over the years the HIV/AIDS epidemic has moved from urban to rural India and from high risk to general population. While working with community groups, and also undertaking HIV/AIDS project during the past year the CSS have had experience that the people in rural communities affected with this dread disease and they are ignorant of the disease. The primary concern is to halt and reverse the prevalence in our target communities next few years. Condom promotion is incorporated in to prevention strategy.

**The following activities are undertaking in the communities.**

- 🚫 HIV/AIDS Awareness
- 🚫 World AIDS Day observation
- 🚫 Trainings for community leaders/Staff
- 🚫 Education for Students
- 🚫 Saving Group Leaders Sensitization on HIV/AIDS
- 🚫 Life skills Education for Adolescent and Girls.
- 🚫 Networking with NGO's and GO's



## CSS DETAILS

### 1. Children Details: (As on 01 -01-2010)

Areas		Children Strength			
Chintapalliguda		20			
Kokkonda		20			
Jagamguda		10			
LalgadiMalakpet		20			
Kolthur		10			
Vampuguda		20			
<b>Total</b>		<b>100</b>			

  

Sex	Strength	Ratio	Primary Schools	High Schools	Other
Boys	57	57%	43	14	0
Girls	43	43%	28	15	0
Total	100	100%	71	29	0

### 2. Group Details: (As on 1-1-10)

Particulars	Details	Remarks
Women	8	-
Men	-	-
Mixed	-	-

### 3. (a) Activities Undertaking: (This Project Year)

Activity	Areas/Members	Remarks
Child School Support and Educational Opportunities	100 members	Good progress compare to previous academic status
Women Welfare	86 members	Members are benefitted
Social Awareness & Need based Literacy	500 members	Good progress
Health Camps and Awareness	7 areas	Hygienic implementations took place
HIV/AIDS Awareness	8 areas	Need Trainings
Vocational Trainings	60 members	Trained well

### 3. (b) New Activities Proposed

Activity	No. of Members	Remarks
Safe Drinking Water and Sanitary system to all community people	5000	For good health and environmental conditions.
Agricultural sustainability	15000	Eradication of Drought conditions

### List of Saving Groups

S.No	Name of the Group	Date of Commencement	# of members	Total Saving Groups Amount As on 01-01-10
1.	Usha saving Group, Lalgadi Malakpet	10-02-07	12	8420
2.	Neethi SavingGroup, Lalgadi Malakpet	09-02-07	12	8420
3.	Kranthi Saving Group, Lalgadi Malakpet	09-02-07	12	8420
4.	Shanthi Saving group, Chintapallyguda	01-07-05	10	20,500
5.	Kaluva Saving Group, Chintapallyguda	01-09-06	10	9660
6.	Arunodaya Saving Group, Kokkonda	01-09-06	10	7320
7.	Jeevan jyothi Saving Group, Jagamguda	01-09-06	10	8070
8.	Pragathi Saving Group, Vampuguda	January 2006	10	10464

*The journey of CSS shall bag many achievements and reach its goals in coming days through CSS programs among the needy people of these backward communities.*

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